RESTRICTED

FRSC/HQ/CMO/PIO/494/VOL.VII/148

See Distribution

2019 ANNUAL PERFORMANCE EVALUATION REPORT - FITNESS FOR PROMOTION

The above subject refers, please.

- 2. You may wish to recall that one of the critical features to complete the Annual Performance Evaluation Report is the Fitness for Promotion module by the Review Chairman.
- 3. In view of the above, CM has directed that henceforth Medical Fitness Test is mandatory for All Staff with the following to be administered by FRSC Medical Doctors in Zonal and RSHQ level to complete the Appraisal process:
 - i. BP Measurement
 - ii. Cholesterol Test
 - iii. Kidney Test
 - iv. Diabetes Test
- 4. At the end of the exercise, Commanding Officers are requested to forward a copy of this report to CM through the undersigned.

5. Thank you.

n Oct, 2019

CC Robert Ogom

Corps Commander

Head (PIO)

For: Corps Marshal.

Distribution

External

Action

All ZCOs (To make copies for Commands under their purview)

CMDT FRSC Academy, Udi

All SCs

CMDT Trg. Sch. Jos

All UCS

Internal

Action

All Departments

All Corps Offices

All RSHQ Special Units

RSHQ APER Task Team

Internal

Information

CM

PSO-CM